

PRESS RELEASE

**HKAHF's Healthy Lifestyle Fund presents "A night of dining with Chef Peggy Chan Danielle P. Graham and Prim Kong in House of Madison"**



[Hong Kong – February 28, 2018] Hong Kong Adventist Hospital Foundation launched its Healthy Lifestyle Fund. The inaugural dinner was held in House of Madison in Wan Chai. The dinner centered on “wellness”, featuring a dinner menu generated by Chef **Peggy Chan** of Grassroots Pantry and Canapés prepared by **Danielle P. Graham** with the support from **Prim Kong**, Vice President of Product Development of HABITŪ.

During the dinner, Mr. Alan Siu, Dietitian of Hong Kong Adventist Hospital, shared some diet tips on achieving satisfactory nutrition. Lantau Mama served their Kombucha cocktails whilst educating guests on the importance of fermentation on gut health. Under the delightful greetings by the dinner Emcee **Helena Chan**, guests were gathered around the table with laughter and joy, celebrating the success of Healthy Lifestyle Fund. Friends of Asia Hong Kong had donated HK\$150,000 to show their support to Healthy Lifestyle Fund, making a step forward for public health concerns.

The dinner consisted of a 3-course menu with the ingredients sponsored by Citysuper:

**Appetizer:** Raw Soft Shelled Maki Flax Dukkah Pomegranate Molasses

**Main:** Roasted Cauliflower Brown Rice Risotto with Chanterelle, Lemon-thyme Pesto and Walnut Parmesan

**Dessert:** Matcha Canele Cake, Raspberry Bark, Coco Milk Choco Ganache

The main course- **Roasted Cauliflower Brown Rice Risotto will be available at HABITŪ Table QRE from 7th March to 8th April 2018.**

Address: HABITŪ Table QRE, G/F, Generali Tower, 10 Queen’s Road East, Wan Chai, Hong Kong

Roasted Cauliflower Brown Rice Risotto will be priced at HK\$168, and HK\$198 in a combo with Detox Acqua. All proceeds from the sale will go to Healthy Lifestyle Fund.

### About Healthy Lifestyle Fund

Hong Kong Adventist Hospital Fund's Healthy Lifestyle Fund aims to promote a healthy lifestyle by educating the public on how to prepare healthy, delicious and innovative vegetarian meals; education is the key proponent of the fund. Its sole objective is to educate the public on health knowledge & disease prevention and to establish a healthy lifestyle. Programs such as health promotion campaigns, NEWSTART lifestyle camps, free health screenings, food delivery and many educational initiatives through different media channels are organised to provide to people and families in need.

Juliana Lam, chairwoman of Healthy Lifestyle Fund, is dedicated to community and volunteer services and has been supporting projects in healthy lifestyle, education and care for children. She and her family have been supporting and sponsoring the Hong Kong Adventist Hospital groups for over 15 years, starting with the healthy diet and lifestyle program called the New Start program, promoting a whole person overall healthy lifestyle through vegetarian eating, green daily activities and mind. In year 2012, she was part of the key few executives of formation of the NGO "Green Monday", further promoting green and healthy living style.



From left to right: Juliana Lam, Shirley Hiranand, Jacinta Yu- Kuok, Jo Soo- Tang



From left to right: Jenny Chau, Juliana Lam and Brandon Chau



Peggy Chan



Prim Kong



**Danielle Peita Graham**



**Victoria Tang-Owen and Christopher Owen**



**From left to right: Helena Chan and Nadia Harilela**



**From left to right: Juliana Lam and Reyna Harilela**



**Rachael Park- Monballiu**



**Yolanda Choy- Tang**



**Paula Taylor-Buttery**



**From left to right: Prim Kong, Peggy Chan and Danielle Peita Graham**



From left to right: Danielle Peita Graham, Jo Soo Tang, Peggy Chan, Juliana Lam and Prim Kong



Appetiser: Raw Soft Shelled Maki Flax Dukkah  
Pomegranate Molasses



Main course: Roasted Cauliflower Brown Rice Risotto



Dessert: Macha Canele Cake

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